

| SUNDAY                                                                                 | MONDAY                                                                                                                                                  | TUESDAY                                                                                                    | WEDNESDAY                                                                                                                                                    | THURSDAY                                                                                           | FRIDAY                                                                                                                                                                               | SATURDAY                                                                               |
|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| 1     | 2 Coffee & Chat<br>Exercise<br><b>Audrey Piano</b><br>Lunch Meatballs<br>Bingo                                                                          | 3 Coffee & Chat<br><b>Bingocize #19</b><br>Trivia<br>Lunch Chicken & Rice<br>Bingo                         | 4 Coffee & Chat<br>Exercise<br>Bible Study<br>Lunch Sailsbury Steak<br><b>Bingo With Charlissa</b>                                                           | 5 Coffee & Chat<br>Exercise<br><b>Jennifer Sims Nami Health</b><br>Lunch Teriyaki Chicken<br>Bingo | 6 Coffee & Chat<br><b>Bingocize #20</b><br>Guess The Obje<br>Lunch Spaghatt.<br>Bingo             | 7   |
| 8                                                                                      | 9 Coffee & Chat<br>Exercise<br>Recipe Swap<br>Lunch Meatloaf<br>Bingo  | 10 Coffee & Chat<br><b>Bingocize #1</b><br>Left-Right<br>Lunch Pork Or Chicken<br>Patty<br>Bingo           | 11 Coffee & Chat<br>Exercise<br>Bible Study<br>Lunch Beef Patty<br>Bingo  | 12 Coffee & Chat<br>Exercise<br>Nutrition<br>Lunch Orange Glazed<br>Chicken<br>Bingo               | 13 Coffee & Chat<br><b>Bingocize #2</b><br>Acts Of Kindness<br>Lunch Hamburger<br>Pasta<br>Bingo  | 14  |
| 15                                                                                     | 16 Coffee & Chat<br>Exercise<br>Fast Food Triva<br>Lunch Meatballs<br>Bingo                                                                             | 17 Coffee & Chat<br><b>Bingocize #3</b><br><b>Oak Street Health</b><br>Lunch Chicken<br>Dumplings<br>Bingo | 18 Coffee & Chat<br>Exercise<br>Bible Study<br>Lunch Sailsbury Steak<br>Bingo                                                                                | 19 Coffee & Chat<br><b>Bingocize #4</b><br>Balloon Toss<br>Lunch BBQ Chicken<br>Bingo              | 20 Coffee & Chat<br>Exercise<br>Thanksgiving Charades<br>Lunch Steak Fingers<br>Bingo                                                                                                | 21                                                                                     |
| 22                                                                                     | 23 Coffee & Chat<br>Exercise<br>Dice Game<br>Lunch Meat Loaf<br>Bingo                                                                                   | 24 Coffee & Chat<br>Exercise<br>Thanksgiving Safey<br>Lunch BBQ Pork Or<br>Grilled Chicken<br>Bingo        | 25 Coffee & Chat<br>Exercise<br>Bible Study<br>Lunch Turkey<br>Bingo                                                                                         | 26            | 27                                                                                              | 28                                                                                     |
| 29  | 30 Coffee & Chat<br><b>Bingocize #5</b><br>Thanksgiving<br>Discussion<br>Lunch Meatballs<br>Bingo                                                       |                                                                                                            |                                                                                                                                                              |                                                                                                    |                                                                                                                                                                                      |   |



# Candied Yams

## Ingredients

- 1 (29 ounce) can yams or sweet potatoes, drained well
- ¼ cup butter, cut into pieces
- ½ cup brown sugar
- 1 ½ cups miniature marshmallows

## Directions

Gather all ingredients. Preheat the oven to 400 degrees F (200 degrees C).

Arrange drained yams or sweet potatoes in an even layer in a medium baking dish. Dot evenly with butter.

Sprinkle evenly with brown sugar, then cover with miniature marshmallows.

Bake in the preheated oven until sweet potatoes are heated through and marshmallows are melted and golden brown, about 20 to 25 minutes, watching closely to prevent burning.



PRIME TIME  
SENIOR  
CENTER

