

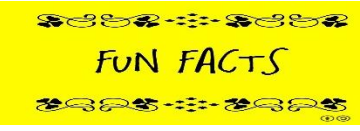
























Month:		March 2020		Site: Lancaster					
Monday		Tuesday		Wednesday		Thursday		Friday	
2	10:30-11:30 Bible Study	3		4		5		6	
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles	9:00-10:00	Checkers/Chess	9:00-10:00	Coffee/Conversation	9:00-10:00	Checkers/Chess
10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-11:30	WEAR BLUE!!
10:30-11:30	Mike Oliver: Crime Prevention	10:30-11:30		10:30-11:30	Name that Tune-Lynn 	10:30-11:30	 about your name		
11:30-12:15	Lunch 	11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo 	11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo
12:15-1:00	Bingo								
9	10:30-11:30 Bible Study	10		11		12		13	
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles	9:00-10:00	Checkers/Chess	9:00-10:00	Coffee/Conversation	9:00-10:00	Checkers/Chess
10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-10:30	Arthritis Exercise	10:00-10:30	Ageless Grace Exer	10:00-11:30	
10:30-11:30	 "Treasured Memories"	10:30-11:30		10:30-11:30	Nutrition: Meal Plans for 1 	10:30-11:30	CRAFT DAY: "Paint flowerpots"		SUPERSTITIONS!!
11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo	11:30-12:15	Lunch	11:30-12:15	Lunch 	11:30-1:00	Lunch & Bingo
				12:15-1:00	Bingo	12:15-1:00	Bingo		
16	10:30-11:30 Bible Study	17		18		19		20	
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles	9:00-10:00	Coffee/Conversation	9:00-10:00	Coffee/Conversation	9:00-10:00	Checkers/Chess
10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-11:30	
10:30-11:30		10:30-11:30		10:30-11:30		10:30-11:30	KARAOKE w/Vince & Mary 		Facts & Trivia
11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo	11:30-12:15	Lunch	11:30-1:00	Lunch & Bingo
						12:15-1:00	Bingo		
23	10:30-11:30 Bible Study	24		25		26		27	
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles	9:00-10:00	Coffee/Conversation	9:00-10:00	Coffee/Conversation	9:00-10:00	Coffee/Conversation
10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-10:30	Arthritis Exercise	10:00-10:30	Ageless Grace Exer	10:00-11:30	Just in Time Band
10:30-11:30	Pockets, Purses & Wallets 	10:30-11:30	 Alert Day!!	10:30-11:30	Angela Forbes: 	10:30-11:30	CRAFT DAY: "Plant Flowers"		
11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo	11:30-12:15	Lunch 	11:30-1:00	Lunch & Bingo
						12:15-1:00	Bingo		
30	10:30-11:30 Bible Study	31				 (on March 8th)			
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles						
10:00-11:30	Covenant Senior Choir 	10:00-10:30	Chair Exercise						
		10:30-11:30	REMINISCE: 1950s						
11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo						