

March 2020

Andrew Jackson Senior Club

Mon	Heath Springs	Tues	Kershaw	Wed	Heath Springs	Thurs	Kershaw	Fri	Heath Springs
2	<p>9:00-10:00 Coffee Break</p> <p>10:00-11:00 Nutrition Class </p> <p>11:00-11:30 Exercise</p> <p>11:30-12:15 Lunch/Clean up</p>	3	<p>9:00-10:00 Coffee Break</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:30 Music with Just in Time Band </p> <p>11:30-12:15 Lunch/Clean up</p>	4	<p>9:00-10:00 Chat &amp; Chew</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Word Search</p> <p>11:00-11:30 Trivia Game</p> <p>11:30-12:15 Lunch/Clean-up</p>	5	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise </p> <p>10:30-11:00 Craft Time</p> <p>11:00-11:30 Puzzles</p> <p>11:30-12:15 Lunch/Clean up</p>	6	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Craft Time </p> <p>11:00-11:30 Word Search</p> <p>11:30-12:15 Lunch/ Clean up</p>
9	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Word Search</p> <p>11:00-11:30 Heath Springs News</p> <p>11:30-12:15 Lunch/Clean up</p>	10	<p>9:00-10:00 Happy Hour </p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Name That Tune</p> <p>11:00-11:30 Lynn Small</p> <p>11:30-12:15 Lunch/Clean up</p>	11	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Sing A Long</p> <p>11:00-11:30 Puzzles</p> <p>11:30-12:15 Lunch/Clean-up</p>	12	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise </p> <p>10:30-11:30 Music with Billy Craig</p> <p>11:30-12:15 Lunch/Clean up</p>	13	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Coloring and Craft</p> <p>11:00-11:30 Work Search</p> <p>11:30-12:15 Lunch/Clean up</p>
16	<p>9:00 - 10:00 Coffee Brea </p> <p>10:00-10:30 Exercise</p> <p>10:30-11:30 St. Patrick's Day Party</p> <p>11:30- 12:00 Lunch/Clean up</p>	17	<p>9:00-10:00 Chat &amp; Chew </p> <p>10:00-10:30 Exercise</p> <p>10:30-11:30 St. Patrick's Day Party</p> <p>11:30-12:15 Lunch/Clean up</p>	18	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Word Search</p> <p>11:00-11:30 Community News</p> <p>11:30-12:15 Lunch/Clean up</p>	19	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Nutrition</p> <p>11:00-11:30 Trivia Game</p> <p>11:30-12:15 Lunch/Clean up</p>	20	<p>9:00-10:00 Coffee/Chatter </p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Puzzles</p> <p>11:00-11:30 Trivia Game</p> <p>11:30-12:15 Lunch/Clean-up</p>
23	<p>9:00-10:00 Coffee Break </p> <p>10:00-10:30 Exercise Break</p> <p>10:30-11:30 Crime Watch with Mike Oliver</p> <p>11:30-12:15 Lunch Break</p>	24	<p>9:00-10:00 Happy Hour </p> <p>10:00-10:30 Exercise</p> <p>10:30-11:30 Lets Celebrate Birthday Party</p> <p>11:30-12:15 Lunch/Clean up</p>	25	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Let's Walk</p> <p>10:30-11:30 Sharing Your Favorite Poem</p> <p>11:30-12:15 Lunch/Clean up</p>	26	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Word Search</p> <p>11:00-11:30 Write a Poem</p> <p>11:30-12:15 Lunch/Clean up</p>	27	<p>9:00-10:00 Coffee/Chatte </p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Let's Talk Gardening</p> <p>11:00-11:30 Word Search</p> <p>11:30-12:15 Lunch/Clean-up</p>
30	<p>9:00-10:00 Happy Hour </p> <p>10:00-10:30 Exercise</p> <p>10:30-11:30 Let's Celebrate Birthday Party</p> <p>11:30-12:15 Lunch/Clean up</p>	31	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:30 Sharing Kershaw Area News</p> <p>11:30-12:15 Lunch/Clean up</p>						