

Month: February 2020		Site: Lancaster		
Monday	Tuesday	Wednesday	Thursday	Friday
3 10:30-11:30 Bible Study 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30 Mike Oliver: Crime Prevention 11:30-12:15 Lunch  12:15-1:00 Bingo	4 9:00-10:00 Puzzles 10:00-10:30 Chair Exercise 10:30-11:30 Flower Meanings 11:30-12:15 Lunch  12:15-1:00 Bingo	5 9:00-10:00 Checkers/Chess 10:00-10:30 Arthritis Exercise 10:30-11:30 Name that Tune-Lynn  BP Checks- Akiya 11:30-1:00 Lunch & Bingo	6 9:00-10:00 Coffee/Conversation 10:00-10:30 Chair Exercise 10:30-11:30  MEDICATIONS Using Them Safely 11:30-1:00 Lunch & Bingo	7 9:00-10:00 Checkers/Chess 10:00-11:30  11:30-1:00 Lunch & Bingo
10 10:30-11:30 Bible Study 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30 REMINISCE: Happy Times!!  11:30-1:00 Lunch & Bingo	11 9:00-10:00 Puzzles 10:00-10:30 Chair Exercise 10:30-11:30 Nutrition: Heart Healthy Food 11:30-12:15 Lunch  12:15-1:00 Bingo	12 9:00-10:00 Checkers/Chess 10:00-10:30 Arthritis Exercise 10:30-11:30 Presidential  11:30-1:00 Lunch & Bingo	14 9:00-10:00 Coffee/Conversation 10:00-10:30 Ageless Grace Exer 10:30-11:30 CRAFT DAY: "Valentine Necklace" 11:30-12:15 Lunch  12:15-1:00 Bingo	14 9:00-10:00 Checkers/Chess 10:00-11:30  PARTY!!! 11:30-1:00 Lunch & Bingo
17 CLOSED 	18 9:00-10:00 Puzzles 10:00-10:30 Chair Exercise 10:30-11:30 Julie Gaines: Crescent Hospice 11:30-12:15 Lunch  12:15-1:00 Bingo	19 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30 Heart & Brain Connection 11:30-12:15 Lunch  12:15-1:00 Bingo	20 9:00-10:00 Coffee/Conversation 10:00-10:30 Chair Exercise 10:30-11:30 KARAOKE w/Vince & Mary 11:30-12:15 Lunch  12:15-1:00 Bingo	21 9:00-10:00 Checkers/Chess 10:00-11:30  11:30-1:00 Lunch & Bingo
24 10:30-11:30 Bible Study 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30 Winter Humor  11:30-1:00 Lunch & Bingo	25 9:00-10:00 Puzzles 10:00-10:30 Chair Exercise 10:30-11:30  CELEBRATION!! 11:30-1:00 Lunch & Bingo	26 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30 Would you rather ... 11:30-1:00 Lunch & Bingo	27 9:00-10:00 Coffee/Conversation 10:00-10:30 Ageless Grace Exer 10:30-11:30 CRAFT DAY: "Snowman" 11:30-12:15 Lunch  12:15-1:00 Bingo	28 9:00-10:00 Coffee/Conversation 10:00-11:30 Just in Time Band  11:30-1:00 Lunch & Bingo
				 <p>Ongoing Activities: Billiards Cards Dominoes Exercise Room</p>