




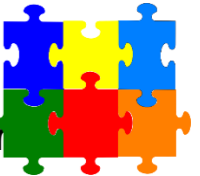


**FEBUARY 2020**

**ANDREW JACKSON SENIOR CLUB**

Mon	Heath Springs	Tues	Kershaw	Wed	Heath Springs	Thurs	Kershaw	Fri	Heath Springs
3	<p>9:00-10:00 Coffee Break </p> <p>10:00-11:00 Nutrition Class</p> <p>Nutrition Class</p> <p>11:00-11:30 Community News</p> <p>11:30-12:15 Lunch/Clean up</p>	4	<p>9:00-10:00 Coffee Break</p> <p>10:00-10:30 Exercise </p> <p>10:30-11:30 Just in Time Band</p> <p>11:30-12:15 Lunch/Clean up</p>	5	<p>9:00-10:00 Chat &amp; Chew </p> <p>10:00-11:30 Diabetes Education Class</p> <p>11:30-12:15 Lunch/Clean-up</p>	6	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:30 Nutrition Chit-Chat</p> <p>11:30-12:15 Lunch/Clean up</p>	7	<p></p> <p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Lets Talk Safety</p> <p>11:00-11:30 President Trivia</p> <p>11:30-12:15 Lunch/ Cleanup</p>
10	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Coloring/crafts</p> <p>11:00-11:30 Heath Springs News</p> <p>11:30-12:15 Lunch/Clean up</p>	11	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Word Search</p> <p>11:00-11:30 Kershaw News</p> <p>11:30-12:15 Lunch/Clean up</p>	12	<p>9:00-10:00 Happy Hour </p> <p>10:00-11:30 Diabetes Education Class</p> <p>11:30-12:15 Lunch/Clean-up</p>	13	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise </p> <p>10:30-11:30 Music with Billy Craig</p> <p>11:30-12:15 Lunch/Clean up</p>	14	<p></p> <p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Valentine Party</p> <p>10:30-11:30 Name That Tune with Lynn Small </p> <p>11:30-12:15 Lunch/Clean up</p>
17	<p></p> <p><b>CLOSED PRESIDENT'S DAY</b></p>	18	<p>9:00-10:00 Chat &amp; Chew </p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Craft Time</p> <p>11:00-11:30 What's Happening</p> <p>11:30-12:15 Lunch/Clean up</p>	19	<p>9:00-10:00 Happy Hour </p> <p>10:00-11:30 Diabetes Education Class</p> <p>11:30-12:15 Lunch/Clean up</p>	20	<p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Puzzles</p> <p>11:00-11:30 Sing-along</p> <p>11:30-12:15 Lunch/Clean up</p>	21	<p></p> <p>9:00-10:00 Coffee/Chatter</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Puzzles</p> <p>11:00-11:30 Trivia Game</p> <p>11:30-12:15 Lunch/Clean-up</p>
24	<p></p> <p>9:00-10:00 Coffee Break</p> <p>10:00-10:30 Exercise Break</p> <p>10:30-11:30 Crime Watch with Mike Oliver</p> <p>11:30-12:15 Lunch Break</p>	25	<p></p> <p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:00-11:30 Lets Celebrate Birthday Party</p> <p>11:30-12:15 Lunch/Clean up</p>	26	<p></p> <p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Wordsearch</p> <p>10:30-11:30 Diabetes Education Class</p> <p>11:30-12:15 Lunch/Clean up</p>	27	<p></p> <p>9:00-10:00 Happy Hour</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 50 Years Ago</p> <p>11:00-11:30 Write a Poem</p> <p>11:30-12:15 Lunch/Clean up</p>	28	<p></p> <p>9:00-10:00 Coffee/Chatter</p> <p>10:00-10:30 Exercise</p> <p>10:30-11:00 Coloring/Puzzles</p> <p>11:00-11:30 Read A Poem</p> <p>11:30-12:15 Lunch/Clean-up</p>