







Indian Land	September 2019			
<p>2</p> 	<p>3</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Pam From Sun City 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>4</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 BOB and MOLLIE 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>5</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Sgt Mike Oliver 11:30-12:00 Lunch 12:00-1:00 Bingo</p> 	<p>6</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Karaoke 11:30-12:00 Lunch 12:00-1:00 Bingo</p> 
<p>9</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Music(w) Betty 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>10</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Trivia 11:30-12:00 Lunch 12:00-1:00 Bingo</p> 	<p>11</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 FALL PREVENTION 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>12</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Nutrition on your plate 11:30-12:00 Lunch 12:00-1:00 Bingo</p> 	<p>13</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Piano Music 11:30-12:00 Lunch 12:00-1:00 Bingo</p>
<p>16</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Music (w) Betty 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>17</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Lynn Small 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>18</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 BOB and MOLLIE 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>19</p> <p>10:00-10:30 Social Time 10:00-10:30 Exercise 10:30-11:30 ABC Brain Game 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>20</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Piano Music 11:30-12:00 Lunch 12:00-1:00 Bingo</p> 
<p>23</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Music (w) Betty 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>24</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Carolyn Crafts 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>25</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 PAJAMA DAY 11:30-12:00 Lunch 12:00-1:00 Bingo</p>	<p>26</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Story telling Time 11:30-12:00 Lunch 12:00-1:00 Bingo Dance Tonight YEAH</p>	<p>27</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Karaoke 11:30-12:00 Lunch 12:00-1:00 Bingo</p>
<p>30</p> <p>9:00-10:00 Social Time 10:00-10:30 Exercise 10:30-11:30 Music (w) Betty 11:30-12:00 Lunch 12:00-1:00 Bingo</p>				