





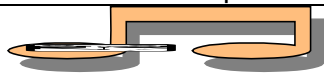

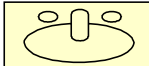














September 2019

ANDREW JACKSON SENIOR CLUB (AJSC)

Mon	Heath Springs	Tues	Kershaw	Wed	Heath Springs	Thurs	Kershaw	Fri	Heath Springs
2		3	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 What Did You Do? After Labor Day 11:30-12:15 Lunch/Clean-up	4	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 Favorite Things Past Or Present? 11:30-12:15 Lunch/cClean-up	5	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 Football Draft Favorite Player 11:30-12:15 Lunch/Clean-up	6	 9:00-10:00 Coffee/Chatter 10:00-10:30 Exercise 10:30-11:00 Your Best Friend 11:00-11:30 Favorite Times Together 11:30-12:15 Lunch/Clean-up
9	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:00 Coloring/crafts 11:00-11:30 Price Is Right 11:30-12:15 Lunch/Clean up	10	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 A Musical Experience Just In Time Band 11:30-12:15 Lunch/Clean up	11	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 Nutrition Eating out 11:30-12:15 Lunch/Clean-up	12	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 Nutrition A Healthy Diet 11:30-12:15 Lunch/Clean up	13	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 First Job Going To Work 11:30-12:15 Lunch/Clean up
16	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:00 Comedy Hour 11:00-11:30 Crafts 11:30-12:15 Lunch/Clean up	17	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:00 Puzzles 11:00-11:30 Word search 11:30-12:15 Lunch/Clean up	18	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 Weather Clouds/rain 11:30-12:15 Lunch/Clean up	19	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 Billy Craig sing-along 11:30-12:15 Lunch/Clean up	20	 9:00-10:00 Coffee/Chatter 10:00-10:30 Exercise 10:30-11:30 Comedy Time Did You Know? 11:30-12:15 Lunch/Clean-up
23	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:00 Wordsearch 11:00-11:30 Akiya/BP 11:30-12:15 Lunch/Clean up	24	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:30 Having A Party Birthdays 11:30-12:15 Lunch/Clean up	25	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:00 Having A Party 11:00-11:30 Riddles/Puzzles 11:30-12:15 Lunch/Clean up	26	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:00 Akiya/ BP 11:00-11:30 Wordsearch 11:30-12:15 Lunch/Clean up	27	 9:00-10:00 Coffee/Chatter 10:00-10:30 Exercise 10:30-11:00 Coloring/Puzzles 11:00-11:30 Birthdays 11:30-12:15 Lunch/Clean-up
30	 9:00-10:00 Happy Hour 10:00-10:30 Exercise 10:30-11:00 Word Search 11:00-11:30 Crimewatch 11:30-12:15 Lunch/Clean up								