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Monday	Tuesday	Wednesday	Thursday	Friday
31  Prime Time for Seniors	 Ongoing Activities: Billiards Cards Dominoes Exercise Room	1 9:00-10:00 Checkers/Chess 10:00-10:30 Arthritis Exercise 10:30-11:30 Name that Tune-Lynn  BP Checks- Akiya 11:30-1:00 Lunch & Bingo	2 9:00-10:00 Coffee/Conversation 10:00-10:30 Chair Exercise 10:30-11:30 CRAFTS with EMILY: "May Day basket" 11:30-12:15 Lunch 12:15-1:00 Bingo 	3 9:00-10:00 Coffee/Conversation  11:30-1:00 Lunch & Bingo
6 10:30-11:30 Bible Study 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30 Mike Oliver: Crime Prevention 11:30-12:15 Lunch 12:15-1:00 Bingo 	7 9:00-10:00 Puzzles 10:00-10:30 Chair Exercise 10:30-11:30 Nutrition Education:  11:30-1:00 Lunch & Bingo	8 Field Trip to Senior Citizens Day Columbia SC	9 9:00-10:00 Coffee/Conversation 10:00-10:30 Chair Exercise 10:30-11:30 KARAOKE w/Vince & Mary  11:30-12:15 Lunch 12:15-1:00 Bingo	10 9:00-10:00 Checkers/Chess Jessica- DHEC It's Your Health..... Take Charge! 11:30-12:15 Lunch 12:15-1:00 Bingo 
13 10:30-11:30 Bible Study 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30 Celebration of:  11:30-1:00 Lunch & Bingo	14 9:00-10:00 Puzzles 10:00-10:30 Chair Exercise 10:30-11:30  11:30-1:00 Lunch & Bingo	15 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30  11:30-1:00 Lunch & Bingo	16 9:00-10:00 Coffee/Conversation 10:00-10:30 Chair Exercise 10:30-11:30 CRAFTS with EMILY: "U.S.flag magnet"  11:30-12:15 Lunch 11:30-1:00 Bingo	17 9:00-10:00 Coffee/Conversation 10:00-11:30 BACKYARD GAME DAY!!!  11:30-1:00 Lunch & Bingo
20 10:30-11:30 Bible Study 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30  Awareness 11:30-1:00 Lunch & Bingo	21 9:00-10:00 Puzzles 10:00-10:30 Chair Exercise 10:30-11:30  11:30-1:00 Lunch & Bingo	22 9:00-10:00 Coffee/Conversation 10:00-10:30 Arthritis Exercise 10:30-11:30  11:30-1:00 Lunch & Bingo	23 9:00-10:00 Coffee/Conversation 10:00-10:30 Chair Exercise 10:30-11:30 FUN FOOD FACTS!!  11:30-1:00 Lunch & Bingo	24 9:00-10:00 Coffee/Conversation 10:00-11:30  Facts & Trivia 11:30-1:00 Lunch & Bingo
27 "CLOSED" 	28 9:00-10:00 Puzzles 10:00-10:30 Chair Exercise 10:30-11:30  11:30-1:00 Lunch & Bingo	29 7:00 -10:00 NATIONAL SENIOR HEALTH & FITNESS DAY!! 11:30-12:15 Lunch 12:15-1:00 Bingo 	30 9:00-10:00 Coffee/Conversation 10:00-10:30 Chair Exercise 10:30-11:30 CRAFTS with EMILY: "Paint Suncatchers" 11:30-12:15 Lunch 11:30-1:00 Bingo 	31 9:00-10:00 Coffee/Conversation 10:00-11:30 JUST IN TIME BAND  11:30-1:00 Lunch & Bingo