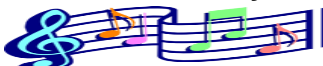










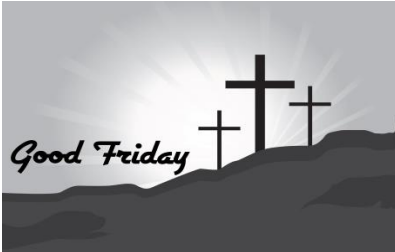















Month:		April 2019		Site: Lancaster					
Monday		Tuesday		Wednesday		Thursday		Friday	
1	10:30-11:30 Bible Study	2		3		4		5	
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles	9:00-10:00	Checkers/Chess	9:00-10:00	Coffee/Conversation	9:00-10:00	Checkers/Chess
10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-11:30	HOT DOG COOKOUT AND GAMES!!
10:30-11:30	Mike Oliver: Crime Prevention	10:30-11:30	Nutrition Education: Healthy eating:Grains	10:30-11:30	Name that Tune-Lynn 	10:30-11:30	CRAFTS with EMILY: "Paint a flower pot"		
11:30-12:15	Lunch 	11:30-12:15	Lunch 	 11:30-12:15	BP Checks- Akiya	11:30-12:15	Lunch 	11:30-1:00	Lunch & Bingo
12:15-1:00	Bingo	12:15-1:00	Bingo	11:30-1:00	Lunch & Bingo	12:15-1:00	Bingo	12:15-1:00	Bingo
8	10:30-11:30 Bible Study	9		10		11		12	
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles	9:00-10:00	Checkers/Chess	9:00-10:00	Coffee/Conversation	9:00-10:00	Checkers/Chess
10:00-11:30	COVENANT CHOIR 	10:00-10:30	Chair Exercise	10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-11:30	Jessica- DHEC It's Your Health..... Take Charge!
		10:30-11:30	Music w/ Billy Craig 	10:30-11:30		10:30-11:30	KARAOKE w/Vince & Mary 	11:30-12:15	Lunch 
11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo	11:30-12:15	Lunch	11:30-12:15	Lunch
						12:15-1:00	Bingo	12:15-1:00	Bingo
15	10:30-11:30 Bible Study	16		17		18		19	
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles	9:00-10:00	Coffee/Conversation	9:00-10:00	Coffee/Conversation		"CLOSED"
10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise		
10:30-11:30	50's,60's,70's Trivia	10:30-11:30	Popular Clichés	10:30-11:30	EASTER PARTY!!! 	10:30-11:30	CRAFTS with EMILY: "Decorate an egg" 		
11:30-12:15	Lunch 	11:30-12:15	Lunch 	11:30-1:00	Lunch & Bingo	11:30-12:15	Lunch		
12:15-1:00	Bingo	12:15-1:00	Bingo			11:30-1:00	Bingo		
22	"CLOSED" EASTER MONDAY 	23		24		25		26	
		9:00-10:00	Puzzles	9:00-10:00	Coffee/Conversation	9:00-10:00	Coffee/Conversation	9:00-10:00	Coffee/Conversation
		10:00-10:30	Chair Exercise	10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise	10:00-11:30	JUST IN TIME BAND
		10:30-11:30	REMINISCE:"Classic Cartoons" 	10:30-11:30	Angela Forbes- "Nutrition News" 	10:30-11:30	A Stroll Down 		
		11:30-12:15	Lunch	11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo
		12:15-1:00	Bingo						
29	10:30-11:30 Bible Study	30							
9:00-10:00	Coffee/Conversation	9:00-10:00	Puzzles						
10:00-10:30	Arthritis Exercise	10:00-10:30	Chair Exercise						
10:30-11:30		10:30-11:30							
11:30-1:00	Lunch & Bingo	11:30-1:00	Lunch & Bingo						
							Ongoing Activities: Billiards Cards Dominoes Exercise Room		 Prime Time for Seniors